ISSUE 10 Sept 2023

FordhamTimes



this issue

Autumn

Fordham Parish Council P.2, 3

Upcoming events P.4

Essex County Council news P.11



Mulled wine & Mince pies in the Village Hall

Publication

The magazine will be available electronically on the website, Facebook and e-newsletter.

To get a copy of the magazine direct to your email, scan the QR code (to the right)



Cllr G Branagh presenting money raised at the Coronation picnic to Robert Johnstone (Musical Director) and Rita Skinner (Chairperson) Colne Endeavour Music Trust.

Special thanks to everyone who attended and supported the Charity and to Atlas Signs for producing our new presentation cheque.





MAGAZINE CONTENT Please send your submissions to the Editor by email: fordhamtimes@fordham-pc.gov.uk

Chairman's Blog





'The biggest single problem in communication, is the illusion that it has taken place'. George Bernard Shaw

Cllr George Branagh, Chairman

Last month I overheard two people having a conversation in a restaurant, the speaker was questioned by the listener on a point he had just made, and his reply was that he was not listening to what he was saying! Additionally last month I was asked for some specific subject details by one of our parishioners (whom I have immense respect for), and my reply completely failed to give an appropriate answer. Thankfully, the parishioner came back for further clarification, and we were able to fully embrace her concerns. Two valuable scenarios and lessons learned for me, listen too, and ensure I understand before falling into the 'illusion that communication has taken place'.

~ Councillors keeping busy ~

The Parish Council has as ever been busy on your behalf looking after the interests of our Village, from planning applications, planning appeals, traffic calming, pylons, conservation on the green, restoration of furnishings, war memorial restoration, attendance at coffee mornings and planning this years 'Jingle and Mingle which will be held on Sunday 3rd December 2023.

I am also delighted to report that we have co-opted Gillian Oxley onto the Council and already she is proving to be a fountain of knowledge. However, please be advised that we still have a vacancy for another Councillor,



and anyone interested should contact our Parish Clerk, <u>clerk@fordham-pc.gov.uk</u>.

~ Working together ~

Many of our villagers will be aware that a retrospective planning application was made in respect of a green waste recycling facility on the airfield and your Parish Council together with some other Parish Councils did not give support to this application which was subsequently refused by Essex County Council. We have been advised that an appeal against the enforcement measures has been submitted and once again the Parish Council have reiterated their objections.

~ Say No! ~

We continue to oppose the establishment of Pylons across our landscape, and we are aptly represented by Cllr Mike Hamilton-Macy who has attended several meetings, indeed



Cllr Mike Hamilton-Macy

at a recent protest meeting he was encouraged as to the positive engagement by our local Members of Parliament. Cllr Mike is working in collaboration with Mr Burns, Mrs Pearson, and reps from Horkesley to construct a further statement of opposition which will be submitted to Fordham Parish Council for consideration and support.

~ Village Green ~

Planning is progressing well for our 'Jingle and Mingle' which will be held on Sunday 3 December 2023. Cllrs Helen Branagh and Christine Alexander (ably assisted by two of our villagers!!) have portfolio for this year's event and I know that soon they will give us a full brief on what is going to take place.

We have been very fortunate to use the services of the volunteers once again from Colchester Conservationists to look after the green and the pond which are looking splendid considering the extreme weather patterns that we have been experiencing in July and August.

Chairman's Blog continued



~ Safer Roads ~

Good news on our persistence and the help of Cllr Barber to have a school crossing and I am pleased to report that Cllr Scott has also given his support which is subject of funding. We await design confirmation and funding which will now be sought from Safer Essex Roads Partnership of which Cllr Scott has now assumed the Chairmanship. Good news also on the bureaucratic process that we were made to go through by Highways to have a Vehicle Activated Sign Installed (funded by Cllr Barber and shared with our neighbouring Parishes of Wormingford and Aldham) effective from the end of September 2023 you will see the sign on one of the two posts in Church Rd and Moat Rd. I must give great credit to our learned Parish Clerk Kathryn who must be commended for her patience throughout this 'ordeal'! Once again, I would also like to thank our village Speedwatch Co-ordinator David Haynes and his team for their weekly efforts try and reduce the speed of vehicles transiting our village roads.

~ A little thanks ~

As Chairman, one of the most enjoyable duties I have is to say 'thank you' on behalf of the members of Fordham Parish Council to individuals and groups who have provided great services to our village/ community. Firstly, I would like to thank Chris Cousins for his diligence over the past few years to carry out the weekly safety inspections of the village playpark equipment. Chris will hand over this role to Cllr Mike at the end of September. Secondly it gave me great pleasure to say thank you and present a cheque (proceeds from our Coronation event) to the Colne Endeavour Music Trust. This band which is a registered charity has over the past few years provided the music at all our Parish Council community events.

If there are any areas which I have not covered or if there were any other issues which you would like assistance with, please contact any of the Parish Councillors or our Parish Clerk who's contact details can be seen on our Fordham Parish Council website.

Cllr George Branagh, George.B@fordham-pc.gov.uk



Thursday 28th September, 7.30pm All Saints Church, Fordham An evening of cello with Rainer Crosett

In the splendid setting of All Saints Church, Fordham, acclaimed cellist, Rainer Crosett, accompanied by the distinguished pianist, Daniel King Smith, performs a contrasting programme ranging from Beethoven to Isang Yun. The programme accentuates the cello's expressive depth and versatility alongside the wonderful acoustics of the church.

PROGRAMME

Ludwig Van Beethoven: Sonata for Cello and Piano No. 4 in C major, op.102 Isang Yun: Nore György Ligeti: Sonata for Solo Cello Claude Debussy: Sonata for Cello and Piano in D minor, L.135 Interval Sergei Rachmaninoff – Sonata for Cello and Piano in G minor, Op, 19

Duration: approx. 1 hour 45 mins (incl. 20-minute interval)

Tickets available from: https://wildarts.org.uk/roman-river-festival

FORDHAM HISTORY SOCIETY



When is it best to be ill?

Medical Milestones Andrew Relf



Tuesday 17th October 7.30p.m.

Fordham Village Hall £3.00

RSVP wendyshepherd9@gmail.com 01206 617020 Fordham Village Hall Could our hall be the venue for an existing or new club?





What about a photography club or an art group?





Knit & Natter used to be popular or what about a bit of Amateur Dramatics!





Folk Club or Singing Group or Dance Club? We would love to see some community groups start up. Contact wendyshepherd9@gmail.com



• Fordham Village Hall•



THE ANNUAL

CHRISTMAS BAZAAR

Saturday 25th November 11.00 a.m.- 3.00 p.m.

Contact: wendyshepherd9@gmail.com

Fordham Vehicle Show 2023

This was our first trial as a 2 day event which celebrated our 10th year of the vehicle show and it couldn't of gone any better, the weather was kind to us on both days, by 9am most of the exhibitors had set up. The gates opened at 10am, we didn't get as many through the gate on Saturday, but we had enough to make it worthwhile. We did have a DJ in the bar on Saturday night, thank you to all of you that came along a supported it. We did have an excellent turnout on Sunday.



The Harley Davidsons made an appearance again this year, as did The Blood runners. We had a nice line up of Stationary Engines, Motorbikes, Cars, Commercials and Stalls. We also had kids rides. I walked around a few times and most people seemed to enjoy the day; we do have a few adjustments to make next year.



We still have a few payments to come in, but overall, we raised £7128.90, with expenses paid out we have a balance of £4126.76, we are delighted to say, we will be giving £3000.00 to our chosen charities, these are, The Essex and Herts Air Ambulance, The Blood Runners, Fordham Village Hall and Tree of Hope/Grace Beverton.

Thanks must go to the Bradshaw Family & the Woodland Trust, for letting us use the field, all of the section organiser's, Colchester Skip Hire for supplying skips for the weekend, RT Roofing for supplying the fencing, The Village Hall Management Committee for the use of water, all of our sponsors, all of the exhibitors and craft/stall holders, all off our volunteers and to everyone that came out to support us and help us raise the money we raised, we really do appreciate



it, it makes all the hard work worthwhile.



Now to start planning for next year's event, which will take place on August 10th & 11th, hope to see you there. Fordham Vehicle Show Committee

Fordham Parish Councillors seek every opportunity to engage with our community and we have been active listening too and actioning your concerns. We hold regular monthly council surgeries at the Friday coffee mornings and events e.g. Fordham Motor Show.

Cllr Helen Branagh

FORDHAM HISTORY SOCIETY

In June we had a change of speaker, as Richard Turner was unable to come along and talk about Boxted Airfield. We hope to book him next year. So, yours truly stepped into the breach and did a talk about 'Tracing your Ancestors using photographs.' This was talk was from one of my workshops last year.

This all sounds very straight forward, especially if your ancestors had kindly written names, places and dates on the backs of the beautiful photos that many of us have inherited; but of course many did not! Taking photographs today is much different in the digital age; but many of us have a plethora of beautiful Victorian and Edwardian photos which we would like to investigate. So how could we do this? There are a few good websites and books that will help you narrow down the period of time when your photograph was taken. The website below is particularly good.

https://freepages.rootsweb.com/~victorianphotographs/history/time/date.htm

The type of photograph will belong to a particular period and the backs of many Victorian and Edwardian photographs are works of art themselves and will offer up photographer's

names and their studios which you can easily research. This will help match possible family members to the time period. The photograph back to the right is from 1890.

Fashion is another excellent research tool to help you along. Hats and hairstyles too are good indications of the time period your ancestor lived in. The photograph on the right of my 4 times great grandparents matches 1850-1860 - The woman's bonnet, cape, husband's clothes and hairstyle all match this time frame. Military uniforms can also assist your search; focus in on cap badges which will help identify regiments; medals can tell you where they served.

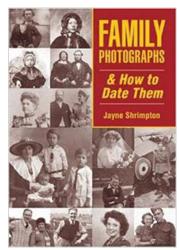
TRACING YOUR ANCESTORS THROUGH

SHRIMPTON

Many old photographs were taken to record a milestone in the life of the person; the rites of passage. Along with engagement or after marriage photographs, there were also bereavement photos taken of widows. There were even photos of a loved one in a coffin; these were particular popular between 1860 and 1910.

If you have any enquiries about old photographs, please email me and I will endeavour to help you, Wendy Shepherd email wendyshepherd@gmail.com

ILY HISTORY











FORDHAM HISTORY SOCIETY CONTINUED

The History Society does not meet in August, but we are going on a trip to Framlingham Castle on Monday 14th August; so fingers crossed for good weather.

Our next meeting will be in **September** when Sarah Doig will be joining us again and will talk about Travel Writers in East Anglia.

In October we welcome a new speaker Andrew Relf who will be asking us:- "When is it best to be ill? He will be talking about medical milestones.

To round off the year we have our annual AGM and Social on **21st November at 7.30 p.m**. There will be a guiz and not forgetting the fabulous raffle and of course there will be a buffet.

Wendy Shepherd, Fordham History Society

HERVEY BENHAM CHARITABLE

TRUST

July Meeting - Fordham Dig Update

For our July meeting Michael Hamilton- Macy gave an update on the progress on our Roman dig.

Phase two is complete apart from a deep ditch to the east which still yields a lot of pottery, bone and building debris, the high water table has made progress slow here.

The phase two reports are under way, the pottery report now finished, reveals some interesting results. FLHS would like to thank the Hervey Benham Trust for their £1000 grant towards the pottery report. The bone analysis is on-going and shows there was a fair amount of roe and red deer being consumed. The new phase three trenches, one and two, to the east, are starting to show Roman archaeology, with pottery and building material found in the darker layers of soil.

A ditch that shows up on the geophysical survey, cuts diagonally across the top right hand corner of trench one; this has now been exposed and is being worked on.

Trench seven, to the west, on the other hand, has eleven (so far) post holes that form a six metre circle, so it looks like we have the remains of an Iron Age round house. We have previously found and L shaped Iron Age ditch, which we assumed would form a rectangular enclosure, the round house position appears to be within that enclosure.





Hand-made, as opposed to wheel made, middle Iron Age pottery has been found in the vicinity of the round house. Roman pottery has also been found . We are still finding evidence of much earlier occupation, a rather nice, probably Neolithic, flint knife blade was found

in trench seven.



M. Hamilton-Macy, Colchester Archaeological Group and FLHS







P.7





Charity Afternoon Tea Thank you for coming along

Our Afternoon Tea in the Village Hall proved very successful, we were lucky enough to have lots of wonderful people donate cakes, crisps, sausage rolls, even the tea and coffee was donated to us. Lots of people came to support us, all the money raised is going to Breast Cancer Now, a fantastic charity, we raised £410. Thank you to everyone that donated and those of you that came along and supported us.



All Saints Fordham & Eight Ash Green Colchester

All Saints Church Fordham & Eight Ash Green Autumn Teaching Focus 2023 begins on Sunday 3rd September, 10am.



Join us on Sundays, 10am at Fordham Church for worship, prayer, teaching and community. The *Kingdom Come* autumn teaching focus beginning on 3rd September. Together we will explore God's big story from creation to recreation. The series will build week by week, showing how the Bibles 66 books fit together and speak to us today, giving meaning and purpose to our lives. The All Saints Sunday Club groups (10am) for children and young people will follow similar programmes. We look forward to seeing you.

Community Hub Christianity Explored Course, Begins Friday 13th October, 10am

This relaxed and informal seven-week course takes you into the wonderful message of the Christian hope. In these days of endless bad news, here is good news worth considering. Jesus once said, "Come to me all you who are weary and burdened, and I will give you rest." (Matthew's Gospel 11:28). We will explore together through discussion and video presentations, three questions at the heart of Mark's Gospel: Who is Jesus? Why did he come? What does it mean for us?

Each session begins with hot drinks and cake at the community hub café. You won't be put on the spot or asked to pray or sing. So, whether you are considering Christianity for the first time or would like a

refresher, do consider joining us. Everyone is very welcome.

The course will be led by Aëlla Gage and Irene Bale. To book your place and for further details, please contact Aella: <u>explore@fordhamchurch.org.uk</u> tel: 07729173504

Venue: All Saints Church Community Hub, John Owen Barn, CO6 3NL



P.8

ALL SAINTS FORDHAM & EIGHT ASH GREEN CHURCH COMMUNITY HUB

Hub Open 10am - 1pm* Every Friday Post Office 11:45am - 1:45pm







CHRISTIANITY **EXPLORED**

WHAT'S THE BEST NEWS YOU'VE EVER HEARD? The community hub and café is making some changes: The first Friday of every month we will have all our stallholders on site and all the other Fridays there will be Jon & Ann (fruit and veg), James (Cheese and Pie Man), Ellie (Refill Den), Post Office and any others who have chosed to attend.

Christianity Explored Course in the John Owen Barn

This relaxed seven-week course explores the Christian hope. In these days of endless bad news, here is good news! Jesus said, "Come to me all you who are weary and burdened, and I will give you rest." (Matthew 11:28).Through discussion and videos, we will explore three questions at the heart of Mark's Gospel: Who is Jesus?Why did he come? What does it mean for us? Each

session begin with hot drinks & cake at the community hub café. To book your place and for further details, please contact Aëlla:

explore@fordhamchurch.org.uk 07729 173504

BOWS 'n' BELLES

Sheringham 'Potty Festival' 2023

On Saturday 1st July 2023, three of our very own Fordham village residents, Sue Pratt, Ray Pratt (accordionist) and Helen Branagh, from the Bows 'n' Belles ladies clog dancing group, joined the cohorts of Morris and Clog dancers who gathered in Sheringham, Norfolk for the annual 'Potty Festival'. The 'Potty Festival', was started by the Sheringham lobster potty morris dancers (no longer performing) in 1993. The raison d'etre of this group of morris dancers was to invite other similar minded cohorts to Sheringham as a thank you for inviting them to their local festivals. Since its embryonic beginnings the 'potty festival' has grown to include personal invitations to participate to dancing groups from all over the UK and Europe for a two-day weekend of fun, dancing and friendship.

The festival is an annual event held during the first weekend in July, all the Sheringham inner Town Roads are closed to traffic and dancing takes place simultaneously at a number of venues over the two days.





This year was the 30th anniversary festival and 42 groups (referred to as 'sides') took part. The Bows 'n' Belles members certainly did Essex proud and the members enjoyed a great weekend together dancing, enjoying the music and socialising, even the weather smiled on them. There is no holding this group of dancers back as on Sunday 6 August 2023 they were out once again performing at the Five Parishes Show, though this time it was a one-day event but once again the group had a great day of dancing, having a laugh and enjoying a superb picnic supplied by the members, friends and followers of Bows 'n' Belles.

The Bows 'n' Belles are a friendly group of ladies (of all ages), who enjoy dancing and having fun. Their aim is to promote a traditional style of Morris dancing – not the hankie waving sort, they use short sticks known as tiddlers or garlands and dance in sets of 6 to 8 following a set routine. "Do we sometimes get it wrong 'yes'". Do we have lots of laughs and fun 'yes"'. Interested?? Like to have a try? Phone Sue on 01206 240682 for further information. Alternatively, if you are not keen on dancing but can play any type of musical instrument give Sue a call.





www.fordhamvillage hall.co.uk Contact:- wendyshepherd9@gmail.com **P.10**



Cllr Lewis Barber

Thank you to those who attended our recent councillor surgery at the wonderful The Three Horseshoes. We will continue to make ourselves available to discuss and listen to matters important to the community in a variety of ways.

I am pleased to confirm that the resources are secured and a date has been provided for repairs to Fordham Road and Wormingford Road. Unfortunately, due to the nature and extent of the repairs, the next crew availability for this work is 28th September. Church Road, Moat Road, Mill Road and Plummers Road will also be repaired as part of these works. There will be phased road closures from 28th September until 19th October along this stretch. I will be asking for temporary repairs to take place on the worst parts in the meantime, recognising that there is still some weeks until the works take place. There will also be repairs taking place down Main Road between 27th-29th September, although this does not require a road closure.

I will also have the second phase of my priority repair budget opening later in the financial year. This is part of the extra £17m we have added to the Highways maintenance budget this year. Please do send me any suggestions either now or in a few weeks time when it opens.

I had an initial meeting with ClIr Scott, who is the councillor who runs highways, about the installation of a pedestrian crossing by All Saints Primary School. He is supportive and we had a site meeting to discuss this matter further, as well as how it may be funded, at the end of August. This project is progressing well and I hope to have more positive news shortly. You may also be aware that an appeal has been launched against Essex County Council's decision to implement enforcement proceedings against a waste recycling site on Fairfield's Farm. This will be dealt with by a public hearing and I will keep the community update on the outcome.

My campaign continues to introduce Digigo, an electric on demand bus, to the area. I am determined to improve the public transport offering in rural Colchester. I secured up to £20,000 from the Local Highways Panel after colleagues supported the application to conduct a feasibility study, business case etc for the service in the area- a major piece of work. I also recently supported a proposal at Essex County Council to take a firmer line with Sat Nav companies and routing for HGV vehicles. It is important we support rural business. However, this must be balanced with ensuring that inappropriate routes are not used.

Myself and city council colleagues continue to oppose the introduction of garden waste charges and the scrapping of many sites from the waste drop off service by Colchester City Council. The proposals will see:

- A £10 set-up fee
- A £30 for a garden waste wheelie bin

• An annual charge of £55 for a fortnightly collection We will do our best to oppose these measures before they are implemented in the new year. We are also concerned about indications of charging for other recyclable materials. We will remain steadfast against such charges.

I also took the opportunity to meet with National Highways at their stall at Marks Tey Market where they were available to discuss the A12 works, which it estimates will be completed in Spring 2024. I frequently liaise with National Highways on matters but I again raised numerous issues with the works. I support the investment into repairs but I also want to minimise the disruption as much as possible. A couple of points to note from the meeting. Firstly, the deployment of a speed enforcement vehicle on local roads to reduce the impact of traffic trying to avoid the works on the local network. Secondly, additional signage to deter use of local roads instead of the A12 in the first place.

National Highways are reiterating that journeys down the A12 remain quicker than bypassing off it down local roads. Unfortunately, National Highways did reject Essex Highways request for funding to help repair local roads impacted by this extra traffic. Essex Highways are now trying to find the budget to assist. National Highways are next attending an event on 30th September at Marks Tey Market in the morning.

Finally, thank you to everybody who continues to respond to the consultation on pylons. I am pleased that Essex County Council is producing an independent review of the options. I continue to support an offshore integrated option to reduce costs to the consumer, protect our environment and deliver the much needed domestic, cheap and sustainable energy.

Cllr Darius Laws



Pylons

Our Parish, Colchester and Essex County Councillors are united against these destructive Pylon and underground cabling plans

East Anglian Members of Parliament are also speaking up, in particular locally Sir Bernard Jenkin and James Cartlidge.

As Colchester Councillors, Thomas Rowe, William Sunnucks and I have submitted a collective response to National Grid's second non-statutory consultation pointing out all the problems with their plans. It was great to see so many people turn out for the recent group photograph and walk. I remain committed to fight this Pylon plan and feel that Fordham's landscape is just as beautiful as Scotland's (where they are putting cables under the sea and not on land).



Garden Waste Charging

Your Colchester Conservative Councillors voted against plans to introduce garden waste charging but the ruling administration at Colchester Council has decided to continue down this route. We would rather have the Council identify savings such as scrapping the system of 'annual' elections and moving to local elections every four years, as they do in Babergh, Braintree, Chelmsford and Tendring.

There has been a debate around the 'set-up' fee which for most would include a new wheelie bin for garden waste. This debate is ongoing as some people in Colchester already have wheelie bins and some feel it unfair to charge them retrospectively for what might be a five-year old bin. We expect further developments in this area and will report back with any changes the Council suggests to our waste and recycling collection service.

Please do get in touch with your thoughts on the waste and recycling service, would you welcome a set of wheelie bins? Or are you happy with the existing operation?

Email: Darius.laws@colchester.gov.uk

Vision Zero – Roads Policing officers arrest 32 motorists and issue over 3,700 tickets, to keep you and the roads in Essex safe



Each month, our Roads Policing Unit (RPU) carry out policing activities targeting drivers who break the law on our roads or make poor driving decisions, causing harm to other road users. Under the Safer Essex Roads Partnership, Vision Zero is a partnership approach to tackle poor and dangerous driving which aims to have no road deaths in Essex by 2040 or sooner. Vision Zero days identify locations across the county where problematic road-related issues prevent the safe road use for everyone.

Between April and June, Vision Zero days issued 3,728 tickets for offences known as the Fatal Four - offences that are recognised contributory factors in serious and fatal collisions. Those drivers were issued tickets for speeding, not wearing a seatbelt, careless driving and using a mobile phone whilst driving - all offences which distract the driver and take their attention away from the road. Vision Zero involves a range of policing activities, including static police check areas and dedicated patrols within the targeted area.

Over the three-month period, RPU officers worked with local council enforcement officers, Speedwatch volunteers and pupils from Schoolwatch where pupils interact with speeding drivers to impress upon the motorist the impact their driving could have on other road users, including pupils walking to and from school.

In addition to tickets being issued, RPU made 32 arrests for traffic and other crimes, seized 139 vehicles for no insurance and licence offences and a further 564 road offences enforced. During this period of time, Vision Zero targeted locations in Southend, Colchester, Thurrock, Brentwood, Braintree, Stansted, Clacton, Maldon, Chelmsford, Harlow, Canvey, Basildon, and Epping.

SAFERESSEX roads partnership

Vision Zero Pledge

SERP have launched the Vision Zero Pledge calling on all drivers to pledge their support to the elimination of deaths and serious injuries on the county's roads.

By signing the pledge, available on the SERP website, members of the community will be asked to take action in several ways when using our roads: some of the ways are –

- To be alert, considerate and careful, every time you use the roads
- To drive within the posted speed limit or more slowly, to allow for unforeseen risks
- To always wear a seatbelt and insist that passengers do the same

• To put your mobile phone away or on silent when driving and avoid other distractions Pledge your support today and find out how you can support Vision Zero, visit saferessexroads.org/visionzero/pledge



Weekly Sunday Services 10:00AM

The Fordham & Eight Ash Green church family meets weekly at Fordham Church and the John wen Barn (JOB), including the All Saints Club with groups for babies, toddlers, and young people aged 0 -16 years.

On the first Sunday of the month there is a Holy Communion Service in the Eight Ash Green Church at 11.30am.

On Second Sunday of the month there is an All Age Service in the John Owen Barn at 10am.

Harvest Thanksgiving Weekend 7th- 8th October

A time to thank God for the good things in his world and our lives.

Saturday 7th October

Harvest Dance and Supper at the John Owen Barn.

Sunday 8th October 10am

All Age Thanksgiving Service in Fordham Church including a collection of items for the Colchester Food Bank.

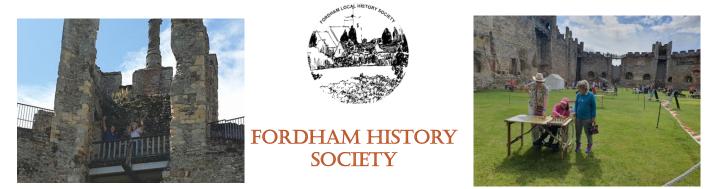
Regular Activities in the John Owen Barn during the autumn

Sundays - All Saints Sunday Club for 0 - 16 year olds, 10.00am. Tuesdays - Babies and Toddlers Group Tuesdays, 9.30-11.00am. Play time, snack, craft singing and Bible stories in the John Owen Barn. £1.50 per week. Thursdays – The Friendship Club, 2.00pm (Monthly) Fridays - 421 Youth Group for 11-18 year olds, 7.30 - 9.10pm

I look forward to meeting you at a Sunday service or the harvest weekend. Perhaps we might be able to connect at the Community Hub Café. Please introduce yourself; it will be great to get to know you.

Rev'd Francis Blight, Rector francis.blight@fordhamchurch.org.uk 01206 243266

The Church office is open for telephone and email enquiries on Tuesdays -Friday, 10.00am – 3.00pm. <u>office@fordhamchurch.org.uk</u> 01206 243261 P.13 www.fordhamchurch.org.uk



Framlingham History Society Trip 14th August

We were so lucky with the weather for our annual History Society trip and this year we travelled to Framlingham. Although I have been there a few times now, Framlingham never disappoints and I hope that those who visited for the first time were not disappointed.

As this is an English Heritage site, extra activities are arranged for families during the summer holidays free of charge and some of our younger group members enjoyed the games and our youngest member became a knight. Many of our intrepid group, despite recovering from surgery and falls previous to the trip went up and walked around the castle walls; the views are so impressive. An early motte and bailey or ringwork Norman castle was built on the Framlingham site by 1148, but this was destroyed by Henry II of England in the aftermath of the Revolt of 1173 – 1174.The castle has had a fascinating history and has seen many changes. The castle has a striking outline reflected in the nearby mere and is surrounded by parkland and estates.

There is the Tudor connection and through the disgrace of Thomas Howard, 3rd Duke of Norfolk, Framlingham came into the hands of Mary Tudor, elder daughter of Henry VIII, in 1552. Mary Tudor became the first to be crowned Queen of England at Framlingham Castle in Suffolk.





Framlingham is a pretty village with some interesting Georgian buildings. The new parish room next to the church is on the site of a building used by the metal detectorists club in the T.V. series The Detectorists. Many members walked down to the market square. Some stopped off at St. Michael's Church which is well worth a visit as it is wonderful historic building housing tombs of the Howards and Henry Fitzroy the illegitimate son of Henry VIII. There are wall paintings and some impressive floor tombs. W Shepherd P.14

The Creffield Medical Group

Autumn update from Creffield Medical Group. Written by a Patient Group Member (not an employee)

<u>The annual flu campaign starts on ;</u> 16th September at Creffield (Saturday) 23rd September at Creffield (Saturday) 30th September at Creffield (Saturday) - Clinics at Creffield will continue most Saturdays. 20th September at West Bergholt (Wednesday) 26th September at Nayland (Tuesday) Covid and Flu should then start from 7th October at Creffield most Saturdays for those eligible, continuing until Early December

The Telephone Team continue to take an average 2600 calls per week – 500 per day average Tuesday to Friday – 600 average – Monday.

Creffield will soon have a small Gym for Patients use, again extending the range of Benefits and Services CMG can offer. Use of the Gym will be based on your GP's advise and invite, watch this space. (based on a referral from your GP) DO NOT ATTENDs are patients who book an appointment and don't turn up. June –569 July - 511 August to date – 445 Some DNA's will be for sensible reasons but nowhere near those numbers – disgraceful.

Some more Patients have started to use the Creffield Website, and the feedback is very positive. Blood Test Results, other information, requests for medication, view your medical records, ask us a non-urgent question, request a sick note, are all at the Creffield Medical Centre website

Medihttps://www.creffieldmedicalcentre.nhs.uk/cal Centre

There will soon be a Child and Young Person Counsellor based at West Bergholt. CMG is looking forward to offering support in this specialised area – a phone call to Reception will provide the information you need.

Tracey (the Boss) at Creffield organised a Coach Trip to Aldeburgh on 18th August for patients and friends and over 30 people enjoyed a sunny day out. Thanks and well done to Tracey, who took a days annual leave to accompany the group. Send Tracey an email if you would like to know about similar outings.

movements, with 6 team members moving to new jobs. 1 nurse is now off on Maternity leave and we have 3 new GP trainees starting along with 2 GP Registrar's and a salaried GP. A new Practice Nurse and a Health Care Assistant have started along with 6 Reception Staff. Please welcome them all and break them in gently and they will give us years of loyal service. Thank you and good luck to the leavers and to Sharon (Maternity leave) remember you pay for them for the first 18 years and then they look after you !!!

August was a busy time for Staff

Creffield continues to hold a monthly Dementia Cafe. If you would like to talk to someone, please ring Reception, who will put you in contact with a friendly voice who understands the problems you face.

Or join us for a monthly coffee morning at Creffield, Reception will give you details on how you can get help and support on many topics.

Thanks to all the Team at Creffield Medical Group.

FORDHAM HISTORY SOCIETY



Quiz, Social & Fabulous Raffle



Tuesday 21st November 2023 7.30p.m. Fordham Village Hall

Contact wendyshepherd9@gmail.com 01206 617020



MAGAZINE CONTENT

Please send your submissions to the Editor by email or pop in the letterbox in the bus shelter by **10th November 2023**:

fordhamtimes@fordham-pc.gov.uk

Limited paper copies available. To request a copy let us have your name, address and phone number

This magazine is published by Fordham Parish Council Opinions appearing in this newsletter are those of the individual contributors and are not necessarily those of the Editor

Autumn's just around the corner Protecting Protect your home during darker nights.

We are coming to the end of summer and now is a good time to think about preparing for the autumn and winter months.

Lighting - 29/10/23 the clocks go back, check and reset the time of your timer plugs, lights, and other security devices. **Remember to a thief a house in darkness is empty.** Create the illusion you are in when your home is unoccupied are: - lights on in rooms that you would normally occupy, TV simulators, a doorbell that you can answer remotely on your smartphone.

Make sure that external lighting and CCTV is working and clean. To the front lighting operated by a daylight sensor is best.

Hedges, Trees and plants - Most **thieves like to work unobserved**. Check your plants or shrubs grown and are not obstructing CCTV or lighting, does it now prevent neighbours and passer-by's from seeing your frontage? Prune to allow that visibility of your property.

Sheds and gates - keep them closed and locked when not in use, review and maintain the locks as required. Alarms on sheds and outbuildings are a good idea.

Property marking - tools and lawn mowers going away for the winter, if you have not done it already make a note of the model and serial numbers and consider a property marking product.

Further on the Essex Police website <u>www.essex.police.uk/cp/crime-prevention/</u> and <u>https://www.securedbydesign.com/</u>.

How to contact the Parish Council

FORDHAM PARISH COUNCIL Contact Details

└_ 07453 160831 ── clerk@fordham-pc.gov.uk

Contact the Clerk who will pass your details to your Councillor representative

